

**The Catholic Community of  
Holy Family \* Sacred Heart \* St. Alphonsus \* St. Ann**

www.sacredheartauburn.org facebook.com/sacredheartauburn



**Parish Staff  
Pastor**

Father Stephen Karani  
fr.stephen.karani@dor.org

**Parochial Vicar**

**Father Michael Brown**  
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**Deacon Gregg Lawson**

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**Parish & Finance Office  
Mailing Address**

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**Nancy Kavanagh**

Administrative Assistant  
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Monday-Thursday

8:00am-4:30pm

Friday

8:00am-11:00am

**Shawn Gillen-Caryl**

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**Ana Haff**

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**Tom Techman**

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**Richard White**

Parish Ministries  
Coordinator  
richard.white@dor.org

**Reconciliation**

Sacred Heart:  
Saturday 3:00pm

St. Alphonsus:  
Saturday 3:30pm

**Sacraments**

*Baptism, Marriage,  
Ministry of the Sick:*  
Please Call Parish Office

**Sacred Heart Church**

90 Melrose Rd

**St. Alphonsus Church**

85 E. Genesee St.

**St. Ann Church**

4890 Twelve Corners Rd.

**Holy Family Church**

85 North St.

**Second Sunday of lent**

**March 1, 2026**

**Do we have to abstain from meat on Fridays during Lent?**

As early as the 2nd century, the Didache notes the practice of abstaining from meat on all Fridays of the year as a penitential observance recalling the crucifixion. There is no corresponding insistence on eating fish. It was Pope Nicholas I (9th c.) who made this practice binding under pain of mortal sin—and not because his family owned a fish market, as is sometimes suggested. Pope Innocent III (12th c.) made an exception for when Christmas falls on a Friday.

Thomas Aquinas considered meat, milk, and eggs all foods that incite desire. Fasting and abstinence were meant to bridle "the concupiscence's of the flesh, which regard pleasures of touch in connection with food and sex." Vegans might find incidental common cause with this doctor of the church.

It wasn't until 1966 that Pope Paul VI advised local church officials to modify the abstinence rule as they saw fit. That same year, U.S. Bishops issued the Pastoral Statement On Penance And Abstinence allowing a substitution of some other form of penance in place of abstinence on all Fridays except for those that occur in Lent. However, persons in good health between the ages of 14 and 59 must abstain from meat (and items made with meat) on Ash Wednesday, Good Friday, and Lenten Fridays.

Some bishops or pastors make exceptions for St. Patrick's and/or St. Joseph's Day when they fall on Lenten Fridays. In 2012, the U.S. bishops reconsidered reinstating abstinence for all Fridays of the year but preferred to make it optional to abstain on Friday for the intentions of life, marriage, and religious liberty. In 2010 the bishop of New Orleans reclassified alligator as a non-meat item on the menu.

The practice of abstinence from meat is intended as a penitential practice. Obviously, if you're wild about fish, that may not be the best substitution with which to observe the sacrifice. While fish, lobster and other shellfish are not categorized as meat and can be consumed without violating abstinence, indulging in a seafood buffet isn't in the spirit of a penitential act.

—Alice Camille

Alice Camille is a religious educator, scripture commentator, and author of many books including *This Transforming Word* and other titles found at [alicecamille.com](http://alicecamille.com).

**Intentions of the Holy Father Pope Leo**

**March: For disarmament and peace**

Let us pray that nations move toward effective disarmament, particularly nuclear disarmament, and that world leaders choose the path of dialogue and diplomacy instead of violence.

The **“Pack the Pantry”** item for the week of  
 Feb. 28/Mar. 1-**Jars of Jelly/Jam/Preserves**  
 March 7/8-**Bags or Boxes of Cookies**

Please bring these items to church and place them in  
 our **“Pack the Pantry”** baskets or they can be  
 brought to the:

**ST. ALPHONSUS FOOD PANTRY**  
**(PHYSICAL LOCATION)**  
**1579 CLARK ST. RD. FINGERLAKES MALL**  
 Monday-Saturday  
 9:00 am-11:30 am  
 315-252-0710

**PLEASE NOTE: Soup, Pasta Sauce, Coffee, Tea,  
 Juice, Dish Soap, Laundry Soap, Tissues and  
 Hand Soap are always needed and appreciated**

**All Correspondence should be addressed to:**  
**St. Alphonsus Food Pantry**  
**90 Melrose Rd.**  
**Auburn, NY 13021**

*Thank you for your continued generosity!*

**FINANCIAL STEWARDSHIP FOR 02/22/25**

**Sacred Heart Church**  
 Regular Collection \$4751.00  
**St. Alphonsus Church**  
 Regular Collection \$3616.00  
**St. Ann’s Church**  
 Regular Collection \$827.00

*Thank you for your continued generosity!*

**Stations of the Cross**  
 Every Friday 12:00pm & 7:00pm

**March 6**  
 St. Francis Church

**March 13**  
 Sacred Heart Church 12:00pm  
 St. Alphonsus Church 7:00pm

**March 20**  
 St. Hyacinth’s Church

**March 27**  
 6:00 pm at SS Peter & Paul Ukrainian Catholic Church  
 for the Liturgy of the Pre-Sanctified Gifts

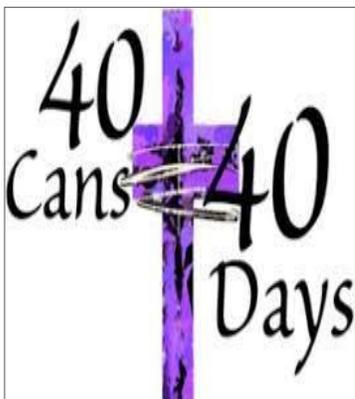


**Operation Rice Bowl**  
 sponsored by Catholic  
 Relief Services, is the  
 almsgiving portion of the  
 traditional Lenten Tryptic of  
 Prayer, Penance, and  
 Almsgiving. Please take a

Rice Bowl cardboard box and fill it daily and returned  
 the filled box on Palm Sunday.



**Eucharistic Adoration is every Friday at**  
 St. Alphonsus Church beginning with the 7:30am  
 daily Mass and concluding with Eucharistic  
 Benediction at 8:00pm. Stay for one minute or for an  
 hour. Feel His love and His peace!  
*“Be still and know that I am God.” — Psalm 46*  
 All are welcome to spend quiet time with the Lord.



Date	Cans
02/22/26	530
03/01/26	
03/08/26	
03/15/26	
03/22/26	
03/29/25	
<b>TOTAL</b>	<b>530</b>

**Calendar of Events Week of March 1, 2026**

<b>Sunday, March 1, 2026</b> 10:00am-11:00am(SH) Faith Formation Confirmation Y1 (SH) 3:00pm-5:00pm Confirmation Y2 (SH) 5:00pm-7:00pm
<b>Monday, March 2, 2026</b> 6:00pm(SH) Parish Life Meeting
<b>Tuesday, March 3, 2026</b> 5:00pm(SH) 1st Penance/1st Communion Prep 6:00pm(SH) Men’s Club Meeting
<b>Wednesday, March 4, 2026</b> 7:00pm(SH) Bible Study
<b>Thursday, March 5, 2026</b> 5:30pm(SH) Choir Rehearsal
<b>Friday, March 6, 2026</b> 8:00am-8:00pm(SA) Adoration 6:00pm(SH) Christus Vivit 12:00pm & 7:00pm (St. Francis) Stations of the Cross
<b>Saturday, March 7, 2026</b>
<b>Sunday, March 8, 2026</b> 10:00am-11:00am(SH) Faith Formation

**During Lent**, we strive to free ourselves from all kinds of clutter-material and spiritual-in order to focus on God and turn back to him with our whole hearts. If this "turning back" is genuine, it will be a reorientation, a transformation. To help us enter into this season, we will be guided in exploring three key moments in the life and ministry of Jesus. Please join us for a Bible Study as we read **Lent: Season of Transformation** on Wednesday, March 4<sup>th</sup>, 11<sup>th</sup>, & 18<sup>th</sup> from 6:00pm – 7:00pm at Sacred Heart. Led by Liza Kelly. If you have any questions, please contact Ana at 609-575-9580 or ana.haff@dor.org.

**SUPPORT FOR FR. JOSEPH OSEI BONSU:** In 2010, Fr. Bonsu, from the Diocese of Obuasi in Ghana, began a three-year priestly assignment in Auburn. When he completed his assignment, he returned to Ghana as is the protocol for his diocese. Ever since then, Fr. Bonsu has taken a six-week vacation every few years in Auburn. In mid-2024, Fr. Bonus needed medical treatment for pancreatic cancer, which he has received in Auburn all through 2025 with all his needs taken care of. It is in his current stay in Auburn lasting until July that he needs financial assistance for housing, food, transportation, etc. Dr. Theresa Casper-Klock has graciously arranged a fund-raising program to assist Fr. Bonsu. Donations of \$25 are requested. Please visit **GoFundMe** and go to "Community Support for Father Joseph" or make a **check** payable to **Dr. Theresa Casper-Klock** and write "Fr. Joseph" in the memo line and mail to 1712 W. Genesee St. Rd, Auburn, NY 13021. In your kindness, please keep Father Joseph Osei Bonsu in your prayers.

**St. Joseph's Altar & Rosary** will be having there next meeting on Tuesday, March 10th at 4:00pm in the church hall. New members are needed and all are welcome. (Spring meetings will be held April 14th, May 12th & June 16th)

**Catholic Ministries Appeal**  
Please make checks payable to:  
**Catholic Ministries Appeal**  
PO Box 6841  
Ithaca, NY 14851

02/02/26	Donors	Pledged	Goal	%
ANN	26	\$10,701	\$10,000	107.01%
SH	147	\$35,908	\$47,000	76.40%
SA	105	\$20,902	\$37,000	56.49%

*Thank you for your continued support and generosity!*



Please join us at our next Parish Life meeting on **Monday, March 2nd at 6:00 PM**. All are invited. We are looking for new ideas for fundraisers, social gatherings or any other ideas you may have for Parish Life.

**NEW CATALOGS!!!** RADA Catalogs for Parish Life Fundraising are available in the vestibule of each of the Churches with instructions on the front for ordering online. If you have difficulty ordering or have any questions, please contact Karen Mahoney at 315-515-3151 or Missy Deyneka at 315-246-8945 for assistance. **\$5.00 Coupons** are now attached to the front of the RADA Catalogs for the Parish Life Fundraising that are available in the vestibule of each of our Churches!! Feel free to take advantage of this savings and know that you are helping our Fellowship events like the Picnic for free!! Thank you!

**The Knights of Columbus 207 Ladies Auxiliary Scholarship**, valued at \$500 each, will be awarded to two well-rounded high school seniors and/or continuing education adults who have consistently demonstrated a Christian attitude, through word and example, and are actively involved in their parish, school, and community. Interested individuals should contact their guidance counselor for an application. Deadline is April 24th.

**ST. PATRICKS PAINT PARTY**

RSVP by 3/3  
For painting  
315-212-5123

**RAFFLE PRIZES**

**TO BENEFIT CHRISTUS VIVIT YOUTH MINISTRY**

**ICE CREAM SOCIAL**

Great Night Out for Teens and Adults!  
Painting best for Ages 8&up  
\$25 for a canvas, includes icecream  
\$5 to make an ice cream sundae  
\$ for Raffle Baskets

3/13/26 6:30-8:30pm  
Sacred Heart Church  
NY

We would like to thank  
**Tesoro's Apparel**  
315-253-2197  
For Sponsoring an Ad  
In Our Weekly Bulletin

LITURGY SCHEDULE FOR THE WEEK OF MARCH 1, 2026

**Saturday, February 28, 2026**

**4:00 pm Sacred Heart**

+Stanley Kott by Family  
+Sheila Chayka by Pat Keogan  
+Gerlando DiMora by Family

**4:30 pm St. Alphonsus**

+Carli & Ted by Mom (Aunt Jill)  
+Judith A. Janusz by Lorraine & Donald Arliss

**Sunday, March 1, 2026**

**8:30 am Sacred Heart**

+Barbara Wallace by Family

**9:00 am St. Ann**

+Carli Bitterman & Ted Tomandl by Jan & Bill

**10:30 am St. Alphonsus**

+Ernest, Richard & Freda Zammett  
by Deb & Dave Sikora

**11:00 am Sacred Heart**

+Tom Donovan by Joanne Szot  
+Antonina Leone by Marcia Redmond

**5:00 pm St. Alphonsus**

+Peggy Kolo by The Talbot Family

**Monday, March 2, 2026**

**8:30 am Sacred Heart**

+Janet Miller by Bereavement Ministry  
+Daniel Evans by The Hogan Girls

**12:15pm St. Alphonsus**

+Paul A. & Dorothy M. Riester, & The Deceased  
Members of the Riester & Donovan Families by Estate

**Tuesday, March 3, 2026**

**8:30 am-Sacred Heart**

+Anthony & Pauline Oropallo by Family  
+John Doyle by Judy & Family

**12:15 pm St. Alphonsus**

+John & Margaret Barron Heny, William F. Haney,  
Paul Earl Haney, & John G. Curran by Estate

**Wednesday, March 4, 2026**

**12:15 pm St. Alphonsus**

+Rita Morabito by Family

**Thursday, March 5, 2026**

**5:15 pm St. Alphonsus**

+Evelynn M. Moretti by Adele, Patty & Elaine Giacolone

**Friday, March 6, 2026**

**7:30 am St. Alphonsus**

+No Mass

**8:30 am Sacred Heart**

+Carmella Ruscio by Family  
+Catie Potter Hogan by Family

**Saturday, March 7, 2026**

**4:00 pm Sacred Heart**

+Barbara Quinn by Deacon Gary DiLallo  
+Patricia Kelly by Jean Jetty  
+Nancy Castellano by Theresa & Beth Zanowick

**4:30 pm St. Alphonsus**

+For the People of St. Alphonsus Parish

**Sunday, March 8, 2026**

**8:30 am Sacred Heart**

+Ken Kanya by His Wife Linda

**9:00 am St. Ann**

+Bill Stinson by Ron & Sara Podolak

**10:30 am St. Alphonsus**

+Margaret Bellnier Osborne by Family

**11:00 am Sacred Heart**

+William Fulton by Joanne Szot & Lizzie Szot  
+Antonina Leone by The Cuff Family

**5:00 pm St. Alphonsus**

+Alfred, Shirley & Maria Napoli by Bill & Cathy Barlow  
+Cathy Burger

**The Memorial Candles  
Week of  
March 1, 2026**

**Sacred Heart Church  
Tabernacle Candle**  
*Helen Oyer*  
by  
Family

**St. Alphonsus Church  
Tabernacle Candle**  
*Ray Wisniewski*  
by  
Ed & Joanne Nash

**For Those Who Have Recently  
Died**

*John Smith*  
*John Langham*  
*Fr. Peter Mutunja Kiarie*  
*(Friend of Fr. Stephen-*  
*Diocese of Nairobi Kenya)*  
Eternal rest grant  
unto them,  
O Lord;  
and let perpetual  
light shine upon them

**Sunday, March 1, 2026**

**2nd Sunday of Lent**

In this week's Gospel, Matthew relays the story of Jesus' transfiguration. "Transfiguration" is a big fancy word that means "to be changed," to become something new and different. Jesus took His friends and disciples—Peter, James, and John—to a mountain to pray. While they were there, Jesus was transformed and appeared to them as dazzling white and filled with light. Jesus, both God and man, typically looked like a normal man. But here, at the Transfiguration, He gave these three disciples a glimpse of His divinity. Then Moses and Elijah (do you remember their stories from the Old Testament?) appeared with Jesus. Finally, a cloud came over them, and they heard God's voice say: "This is my beloved Son, with whom I am well pleased; listen to him."

This is what God wants for us, too. He wants us to listen to the teachings of His Son, Jesus. He wants us to allow ourselves to be transformed—to be changed! Lent is the perfect time for this. Turn to Jesus in prayer and ask for His help and grace in transforming your life.

**Activities:**

- To be changed this Lent, either give something up or take on something new! Perhaps you could give up speaking ill of others, or help do an extra chore at home, or add a new prayer.
- Do something to show Jesus your love for Him, as reflected by how you interact with others—including our Heavenly Father and our Blessed Mother!
- Are there areas of difficulty or pain in your life? Seek God's healing and transformation. Ask Him to transfigure them into His glory!

In His Service,  
 Ana Haff  
 Director of Faith Formation  
[ana.haff@dor.org](mailto:ana.haff@dor.org)



## SUNDAY GOSPEL ACTIVITIES

T F Y D J B B D F E P L N T A F Y D A C  
 D D M Y S Z F A N W Z E U P J B J X H T  
 K L F B Y W D Z N Z D A Q G G M U O V M  
 V W H Z S N T Z R H V S J R H Y A R V L  
 S B S A X R E L F A C E B Y X A S D K R  
 Y G A B G R N I C Y J D P F M W O A J G  
 W U W K T H T N C M L K U K O T N L T K  
 F V E E C J S G B V T X G G S N Z N T H  
 J V M P L A L W Z J J D M D E W L N H E  
 Y K A R O X V W T C G M Z B S E K Z R N  
 V Z E A T N E X L H Z O X E R H Y W E L  
 U C X Y H F S B J A B U F D O D X B E I  
 N I M C I K U H K N N N U R A S U C L S  
 A A B X N O V C W G V T D C H O S E N T  
 I C W P G Y L T M E I A P N E V H B F E  
 L H O B B E R R B D L I Y O B J Q K X N  
 L G W L H D Z W P D T N U P G L O R Y S  
 F W H I T E S U J K A A M Q O U U P C F  
 E V O I C E C T G B Y G Y I E L I J A H  
 C E L I I O G Y Z E A O Z C L O U D X T

CHANGED	ELIJAH	MOUNTAIN	THREE
CHOSEN	FACE	PRAY	VOICE
CLOTHING	GLORY	SAW	WHITE
CLOUD	LISTEN	SON	
DAZZLING	MOSES	TENTS	

**Sunday, Mar 01, 2026** The three-tent solution Saint Peter's idea at the Transfiguration charms us with its reasonableness. When blessed with the sturdy foundation of the law of Moses, the strong prophetic tradition of Elijah, and the kindly ministry of Jesus, why not build an institution that encompasses all three? Peter's plan wasn't faulty, because the church does honor all these roads to truth in its scripture. But Peter's architectural model envisioned these men as leaders of equal merit. God, the voice that speaks from the cloud, clearly differentiates between the three, calling Jesus alone "Beloved Son." The paths of law and prophecy both lead at last to Jesus. **SECOND SUNDAY OF LENT** Genesis 12:1-4a; 2 Timothy 1:8b-10; Matthew 17:1-9 (25). "If you wish, I will make three tents here, one for you, one for Moses, and one for Elijah."

**Monday, Mar 02, 2026** This, too, is almsgiving. The word alms literally means mercy, so we might think of our charitable giving as mercy in action. We give relief to the poor without conditions: Not because they have earned it, but simply because they need it and we have it. As Dorothy Day used to say, we cannot discriminate between the "deserving" and "undeserving" poor. In the same way, we are called upon to forgive those who cause offense or injury to us. We don't forgive others because they have made themselves worthy of forgiveness, but simply because they need it. And once again, we are the ones who "have" forgiveness to give, because we have been shown mercy first by the God of mercy. **LENTEN WEEKDAY** Daniel 9:4b-10; Luke 6:36-38 (230). "Forgive and you will be forgiven."

**Tuesday, Mar 03, 2026** You've got this! It's not hard when you're a parent to inflict authority on your children—and it can be the same with bosses, principals, pastors, and others in leadership roles. We don't mean to do it; it just sort of happens. It's the model for "being in charge" that we inherited. The problem is that it doesn't seem to work. What if we turned it around and served the goodness that is already in our kids and others entrusted to our care? Praise for the good things people do is a more powerful tool than criticism. "Kind words can be short and easy to speak," says Saint Mother Teresa, "but their echoes are truly endless." A good discipline for Lent might be to lay off the tsking and scolding and concentrate on encouragement. **LENTEN WEEKDAY** Isaiah 1:10, 16-20; Matthew 23:1-12 (231). "The greatest among you must be your servant."

**Wednesday, Mar 04, 2026** The lowly path to greatness. The mother of the apostles James and John doted on her sons and demanded the best for them, the way most parents would. Yet she soon learns that sharing the glory of Jesus means sharing his sacrifice as well. We are not to "be served but to serve," Jesus tells his disciples; not to grab for the brass ring but for the polishing

cloth of a slave. Service and humility pave the path to greatness. "For leadership there is only one road: service," says Pope Francis, "There is no other way." A lesson we'd do well to remember and to pass along to the next generation. **LENTEN WEEKDAY** Jeremiah 18:18-20; Matthew 20:17-28 (232). "Command that these two sons of mine sit, one at your right and the other at your left, in your kingdom."

**Thursday, Mar 05, 2026** Do more with less. Common Lenten practices include donations to the poor (which coincides nicely with spring cleaning) or service to those in need. In either case, if you're debating on what to give away or just what you should do, consider this compelling insight from Saint Basil the Great: "The bread which you do not use is the bread of the hungry; the garment hanging in your wardrobe is the garment of the naked; the shoes which you do not wear are the shoes of one who is barefoot; the money that you keep locked away and do not need is the money of the poor; the acts of charity that you do not perform are so many injustices that you commit." Time to clean out those closets. **LENTEN WEEKDAY** Jeremiah 17:5-10; Luke 16:19-31 (233). "There was a rich man .... lying at his door was a poor man named Lazarus."

**Friday, Mar 06, 2026** Get the message. Many times in scripture we hear of messengers being mistreated—beaten and killed or, in the case of Joseph, sold into slavery by his brothers. What is it about messengers that we are afraid of? It's true that sometimes the message they carry is painful—at first. Yet the truth always has the potential to set us free. As these readings reveal, all types of people can be messengers. This Lent, be aware of the many messengers you encounter in the course of a day. Can you be open to their message, no matter how uncomfortable initially? Remember the words of Nelson Mandela: "The brave man is not he who does not feel afraid, but he who conquers that fear." **LENTEN WEEKDAY; DAY OF ABSTINENCE** Genesis 37:3-4, 12-13a, 17b-28a; Matthew 21:33-43, 45-46 (234). "The Kingdom of God will be taken away from you and given to a people that will produce its fruit."

**Saturday, Mar 07, 2026** Don't answer pain with pain. One of the hardest things our faith asks us to do is forgive others, especially when they have really hurt us. Shouldn't I be angry, hold a grudge, and maybe even retaliate? Isn't that what the person who hurt me deserves? Isn't that what our current culture promotes? But Jesus calls us to love our enemies, to pray for those who persecute us. He's not asking us to be doormats, but he is asking us to stop the spiral of damage one hurt can cause when we return pain for pain. Why? Because God forgives us. How can we refuse to let go of a hurt when God has let go of so many hurtful things we have done? Forgive us our trespasses, as we forgive those who trespass against us, we pray. **LENTEN WEEKDAY** Micah 7:14-15, 18-20; Luke 15:1-3, 11-32 (235). "The Lord is kind and merciful."

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**Remember our Sick:**

Kevin Jessie, Kathryn Lane, Eleanor Hudo, Patricia Ricci, Anthony Alberici, Evelyn Gagliano, Sue, Carl Jr. & Cheryl Moore Festa, Tim Grazsko, Jamie Mazza, Pat, Jim Podolak, Mary Manuel, Olivia, Kathleen, Bruce, Marilyn Castiglione, Allyza, John Salva, Stacy, Danielle, Lucy Pagano, Kevin & Maryanne Festa Leonard, Cortney Fedyshyn, Briana Dewitt, Joyce Blowers, John Clark, Cheryl Bellnier, Colleen Pinckney, Pat Gallagher, Gloria Cuddy, Tim Daly, Sue Daly, Carol Aldrich, Thomas Didio, Dave, Don & Joan Zeleznik, Mary Campbell, Mark Cole, Jonathan Arrowsmith, Lucas Mallory, Joe Schubach, Mary Warter, Gina DelPiano, Caleb Jones, Michael Fronzek, Carter Hergert, Joan Komanecky, Elizabeth Lane, Frances Lane, Siobhan Phillippe, Donna Romano, and those listed in our Book of Petitions.

*"We pray for all those who are sick, especially those on our parish prayer list, those in nursing homes, assisted living, the hospital or the homebound. May they receive comfort, healing, and strength from God's grace."*

***Please call Nancy at 315-252-7271 to have names added or removed. Thank you!***



**We pray for the men and women of our Armed Forces serving U.S. and abroad:**

LCpl Brian Baxter USMC, Capt. Gregory Baxter USMC, Capt. DJ Benzing USAF, Lt. Col Joseph E. Brooks USAF, SSgt Tom Ellis Sr. USA, SSgt Angel Gonzalez USA, Col Eddie Gonzalez USMC, Pvt Zachary Gonzalez USMC, CWO4 Roger Graf USA, 1SGT Zachary Howell USA, SSgt James Johnson USMC, SFC Jason Mero USA, Pvt Justin Miller USA, E3 David Mirales US Navy, Lt Jg Richard Nelson IV, USN, E4 Adam H. Brooks, Airman Sarah Pasternak, USAF, Lt. Jack Hogan, USN, Airman Alex Gonnella, USAF., Major William Griffin USMC

*"We pray for the protection and safety of all military personnel, including police, fire, and corrections serving both at home and abroad, especially those deployed in dangerous situations."*