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Deacon Gregg Lawson

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Parish & Finance Office
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Nancy Kavanagh

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Monday-Thursday
8:00am-4:30pm
Friday
8:00am-11:00am

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Ana Haff

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Tom Techman

Funeral Ministry
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Richard White

Parish Ministries
Coordinator
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Reconciliation

Sacred Heart:
Saturday 3:00pm
St. Alphonsus:
Saturday 3:30pm

Sacraments

*Baptism, Marriage,
Ministry of the Sick:*
Please Call Parish Office

Sacred Heart Church

90 Melrose Rd

St. Alphonsus Church

85 E. Genesee St.

St. Ann Church

4890 Twelve Corners Rd.

Holy Family Church

85 North St.

The Catholic Community of
Holy Family * Sacred Heart * St. Alphonsus * St. Ann

www.sacredheartauburn.org facebook.com/sacredheartauburn



Featured Exploring the Word
Covenants in flesh and blood
February 8, 2026

Legal promises are mostly made of paper. The party of the first part agrees to X and the party of the second part reciprocates with Y. It's all very clean and tidy. Everyone knows what's expected of them. The contract is binding until it expires or the terms are broken or the page is torn up. When people breach these kinds of promises, the consequences are also mostly composed of paper, this time, the monetary kind.

The biblical people of Israel contracted a series of divine promises made of increasingly more binding materials: commandments written in stone and a kingdom that ran through a particular family's bloodline. Ultimately God sealed a covenant with the nation as a whole. Circumcision marked the spot in flesh and blood. Wherever these people went, God would go with them—even into exile. This people-covenant was best expressed through the figure of Isaiah's faithful servant, who was summoned to act as a "light to the nations." The servant embodied the nation's calling to be the radiant light that would serve as a beacon to the whole world, drawing everyone into God's promises.

People-covenants are harder to dispose of than the paper kind or even those chiseled in stone like the Decalogue. A covenant in flesh and blood is like the child in a faltering marriage whose reality and rootedness in a home beg to differ that the marriage-commitment never happened. Sacraments teach us how to understand sacred covenants: What God binds together cannot be dissolved by ripping up a page or writing a check. Baptism unites you with God through death and life to eternity. Eucharist makes you one with the life of Christ. Marriage and holy orders are both people-covenants which are lasting and true. None of these promises are small matters, which is why Christians take them very seriously.

Saint Paul, schooled in Pharisaic arguments based on law, had counted heavily on covenants made of words. In his new life as an apostle of the gospel, he deliberately relinquished his dependence on smart-talk and put all his confidence in the sign of the cross. For him the cross was the greatest of all covenants made in flesh and blood. There is no way to shred or annul this promise. You can't buy it off with any substance the world values. God has staked God's claim on the world in the body and blood of God's Son. If you eat this bread and drink this cup, you renew the bond that Christ-life has on you. The church is a people-covenant to which the nations look for divine light.

Adapted from a previously published Exploring the word found at alicecamille.com.

Intentions of the Holy Father Pope Leo
February:

For children with incurable diseases

Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.

Calendar of Events Week of February 8, 2026

Sunday, February 8, 2026

10:00am(SH) Faith Formation
3:00pm(SH) Year 1 Confirmation
5:00pm(SH) Year 2 Confirmation

Monday, February 9, 2026

Tuesday, February 10, 2026

5:00pm-6:00pm(SH) 1st Penance/Communion Class

Wednesday, February 11, 2026

Thursday, February 12, 2026

Friday, February 13, 2026

8:00am-8:00pm(SA) Adoration
6:30pm-8:30pm(SH) Wine Tasting

Saturday, February 14, 2026

Sunday, February 15, 2026

No Faith Formation-Winter Break

The "Pack the Pantry" item for the week of
Feb. 7/8-**Jars of Mayonnaise**
Feb. 14/15-**Bottles of Salad Dressing**

Please bring these items to church and place them in our "Pack the Pantry" baskets or they can be brought to the:

ST. ALPHONSUS FOOD PANTRY
(PHYSICAL LOCATION)
1579 CLARK ST. RD. FINGERLAKES MALL
Monday-Saturday
9:00 am-11:30 am
315-252-0710

PLEASE NOTE: Soup, Pasta Sauce, Coffee, Tea, Juice, Dish Soap, Laundry Soap, Tissues and Hand Soap are always needed and appreciated

All Correspondence should be addressed to:
St. Alphonsus Food Pantry
90 Melrose Rd.
Auburn, NY 13021

Thank you for your continued generosity!

Justice and Peace Committee will hold its first meeting on Tuesday, February 17th at 7:00pm at Sacred Heart Church, 90 Melrose Road, Auburn. Our intent is to promote awareness of Catholic social teaching and opportunities to live the Baptismal call to love God and neighbor.

Topics are Laudate si: Care and Creation, Pastoral Migratoria and You are not alone - a national Catholic initiative for Migrants and their families. If you have questions, please contact Charlie Greene, cgreene@greenemeadow.com

FINANCIAL STEWARDSHIP FOR 02/01/25

Sacred Heart Church

Regular Collection \$6190.00

St. Alphonsus Church

Regular Collection \$4198.00

St. Ann's Church

Regular Collection \$2873.00

Thank you for your continued generosity!

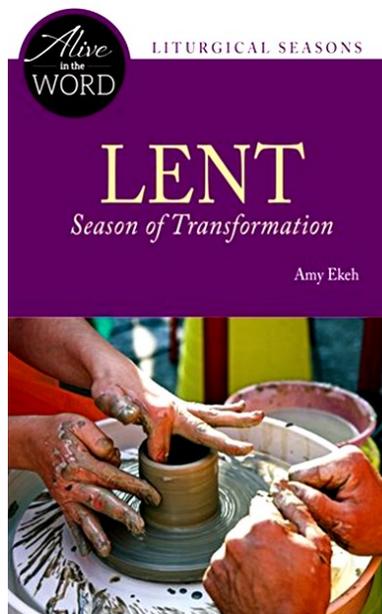
Eucharistic Adoration is every Friday at St. Alphonsus Church beginning with the 7:30am daily Mass and concluding with Eucharistic Benediction at 8:00pm. Stay for one minute or for an hour. Feel His love and His peace!

"Be still and know that I am God." — Psalm 46

All are welcome to spend quiet time with the Lord.



Wine Tasting Social is this Friday, February 13th at Sacred Heart Parish Hall from 6:30pm-8:30pm. \$5.00 per person. Bring an appetizer and your favorite bottle of wine to share! We look forward to seeing you there.



During Lent, we strive to free ourselves from all kinds of clutter-material and spiritual-in order to focus on God and turn back to him with our whole hearts. If this "turning back" is genuine, it will be a reorientation, a transformation. To help us enter into this season, we will be guided in exploring three key moments in the life and ministry of Jesus. The result will be a better understanding of the authentic

transformation that God calls each of us to embrace as individuals and as a community and a renewed desire to live God's own outward-looking, self-emptying, laying-down-one's-life kind of love. Please join us for a Bible Study as we read **Lent: Season of Transformation** on Wednesday, March 4th, 11th, & 18th from 6:00pm -7:00pm at Sacred Heart. Led by Liza Kelly. Questions call Ana at 609-575-9580 or ana.haff@dor.org

Have you ever felt called to walk in the footsteps of St. Francis of Assisi? The Secular Franciscan Order (formerly known as the “The Third Order”), was created more than 800 years ago by St. Francis for lay people – married and single – priests, and deacons who want to live out Franciscan spirituality in their daily lives. Our Lady of the Angels Fraternity of the Secular Franciscan Order regularly meets in Schrader Hall at St. Mary’s Church, 15 Clark St, Auburn at 2:15 p.m. for prayer and study of Franciscan spirituality. Visitors are welcome to see if they are called to this Franciscan approach to life. Our next meeting is Sunday, February 22. For more information, contact Bernie Tomasso at 315-246-3440 or olasfoauburn@gmail.com.

“**HOLY HOUR FOR PEACE**” has been encouraged by Archbishop Paul Coakley, president of the United States Conference of Catholic Bishops (USCCB). It is hoped that these Holy Hours be a moment of renewal for our hearts and for our nation. The archbishop asks us to pray “for reconciliation where there is division, for justice where there are violations of fundamental rights, and for consolation for all who feel overwhelmed by fear or loss.” St. Mary’s Church will offer two **Holy Hour For Peace** at the Vesper Service on the two Sundays prior to the beginning of Lent: this Sunday, February 8th at 4:00 pm and next Sunday, February 15 at 4:00 pm. All are welcome to participate in the quiet of their hearts for healing in our nation and communities.

MONTHLY DRIVE-THRU PASTA DINNER at St. Mary’s Church is this **Tuesday, February 10th** beginning at 4:00 pm until 5:30 pm. Cost is \$15. If you are afraid all the dinners will be sold out by the time you arrive, you can reserve a dinner for yourself by calling the parish office before 2:00 pm at 315-252-7593 and leave your name and approximate time you may arrive.

Catholic Ministries Appeal
Please make checks payable to:
Catholic Ministries Appeal
PO Box 6841
Ithaca, NY 14851

02/02/26	Donors	Pledged	Goal	%
ANN	25	\$9,635	\$10,000	96.35%
SH	138	\$34,353	\$47,000	73.09%
SA	101	\$20,337	\$37,000	54.96%

Thank you for your continued support and generosity!



What Role does the Parish Life play in our Faith Community? A parish life committee's primary role is to foster community and fellowship within our faith community by organizing social events and activities. These committees aim to create a sense of belonging and strengthen the parish family, often by organizing events that allow parishioners to connect in a casual, social atmosphere. They plan and execute various social gatherings, such as potlucks, picnics, festivals, and other events that bring people together. If you would like to be a part of Parish Life, please join us at our next Parish Life meeting on **Monday, March 2nd at 6:00 PM**. All are invited. We are looking for new ideas for fundraisers, social gatherings or any other ideas you may have for Parish Life.

NEW CATALOGS!!! RADA Catalogs for Parish Life Fundraising are available in the vestibule of each of the Churches with instructions on the front for ordering online. If you have difficulty ordering or have any questions, please contact Karen Mahoney at 315-515-3151 or Missy Deyneka at 315-246-8945 for assistance. **\$5.00 Coupons** are now attached to the front of the RADA Catalogs for the Parish Life Fundraising that are available in the vestibule of each of our Churches!! Feel free to take advantage of this savings and know that you are helping our Fellowship events like the Picnic for free!! Thank you!



The St. Hyacinth’s Pierogi Workers will once again be selling homemade pierogi and kapusta. Orders can be placed on Thursday mornings by calling 315-252-9547 from 8am to 11am. Pickup your order on Friday from 10am to 1pm. Pierogi are \$12 per dozen and Kapusta is \$6 per container.

We would like to thank
Auburn Siding Window & Door
315-258-0037
For Sponsoring an Ad
In Our Weekly Bulletin

LITURGY SCHEDULE FOR THE WEEK OF FEBRUARY 8, 2026

Saturday, February 7, 2026

4:00 pm Sacred Heart

+Ellen & Patrick Kelly by Family
+Joann Sidor by Dale & David Gamba

4:30 pm St. Alphonsus

+Jan Mika, Jr. by The Rusinko Family
+Clara Walsh by Family
+Michael, James, Robert, & Patrick McConnell,
Adrienne Fennessy & John Lull by Theresa Powers

Sunday, February 8, 2026

8:30 am Sacred Heart

+Bernie & Gloria Offenburg by Lisa Sobus

9:00 am St. Ann

+Ed Galka by Joanie M. & Don

10:30 am St. Alphonsus

+Barbara Quinn by Mariles Spencer

11:00 am Sacred Heart

+For the People of Sacred Heart Parish

5:00 pm St. Alphonsus

+Ormie King by Mary

Monday, February 9, 2026

8:30 am Sacred Heart

+Jo Ann Brennan by Pat Messina

12:15 pm St. Alphonsus

+For Richard Kenyon's Healing by Dr. & Mrs. Gioia

Tuesday, February 10, 2026

8:30 am-Sacred Heart

+Anthony Alvero by Bill & Joyce Moore

12:15 pm St. Alphonsus

+Frederick & Jane Kruger by Family

Wednesday, February 11, 2026

12:15 pm St. Alphonsus

+Deceased Members of the Daidone Family
by Dr. & Mrs. Gioia

Thursday, February 12, 2026

5:15 pm St. Alphonsus

+Ruth Barry by Estate

Friday, February 13, 2026

7:30 am St. Alphonsus

+Sam & Yolanda DeRosa by Family

8:30 am Sacred Heart

+Jerry Secaur by Family

Saturday, February 14, 2026

4:00 pm Sacred Heart

+Ken Kanya by His Wife Linda
+Jim & Donna Lawler by Michelle
+Clara Walsh by Family

4:30 pm St. Alphonsus

+Thomas Fennessy by Charles Healy
+Ginny & Lisa Elardo by Family

Sunday, February 15, 2026

8:30 am Sacred Heart

+Barbara Wallace by Family
+Lucille & Ed Brown by Family

9:00 am St. Ann

+Ed & Nancy Shaw by Family

10:30 am St. Alphonsus

+John Arpino by Mom, Stephen & Joe
+Don Lukins by Family

11:00 am Sacred Heart

+Patrick Penafeather by Family
+For the Intentions of JPB & Family
by Robert & Laurie Faiola

5:00 pm St. Alphonsus

+For the People of St. Alphonsus Parish

**The Memorial Candles
Week of
February 8, 2026**

**Sacred Heart Church
Tabernacle Candle**
Keith Ahart
by
The Panek Family

**St. Alphonsus Church
Tabernacle Candle**
Don Lukins
by
Family

**For Those Who Have Recently
Died**

Joan Hogan
John Enright
Eternal rest grant
unto them,
O Lord;
and let perpetual
light shine upon them

**Sunday, February 8, 2026
Salt of the Earth, Light of the World**

Today's Gospel reading focuses on being "Salt of the Earth" and "Light of the World" (Matthew 5:13-16), where Jesus tells followers to be good examples, share kindness, and make God's love shine by helping others, with themes of serving the hungry and being a bright, helpful presence.

Gospel Reading (Matthew 5:13-16) for Kids

"You are the Salt of the Earth" – Jesus tells His followers they are like salt, adding flavor and helping to keep things good.

"You are the Light of the World" – Jesus also says they are like a light, shining bright so others can see God's goodness through their actions.

How to Shine – this means sharing your food, helping the poor, being kind, not being mean or fighting, and helping everyone feel better.

The Goal – when you do these good things, it shows God's love to everyone, making them see your good deeds and praise God.

Imagine you're helping a friend who falls down. You don't just walk by; you help them up, maybe give them a tissue if they're crying, and make them feel better. That's being like salt and light! When you share your toys, help with chores, or say something kind, you're making the world a brighter, tastier place, just like Jesus said.

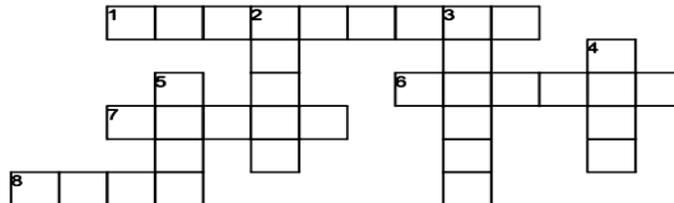
References: Sermon4Kids (<https://sermons4kids.com>)

The Salt of the Earth

**"You are the salt of the earth. But what good is salt if it has lost its flavor? Can you make it salty again? It will be thrown out and trampled underfoot as worthless."
Matthew 5:13 (NLT)**



Complete the activity below.



ACROSS

1. Has no value
6. The way a food or drink is recognized from its taste
7. The planet we live on
8. Unable to be found

DOWN

2. To eat or drink a small amount of something.
3. Having a taste of salt
4. The opposite of bad
5. A white mineral compound used to season food

EARTH	WORTHLESS	FLAVOR	LOST
SALT	SALTLY	GOOD	TASTE

In His Service,
Ana Haff
Director of Faith Formation
ana.haff@dor.org

Sunday, Feb 08, 2026 Put it into practice Twentieth-century writer Aldous Huxley said of love: “There isn’t any secret formula or method. You learn love by loving.” At every crossroad, at every bump in the road in your relationships with others, this is a simple truth to put into practice: Learn to love by loving; learn to forgive by forgiving. It isn’t any more complicated than that. The choice is yours. FIFTH SUNDAY IN ORDINARY TIME; WORLD MARRIAGE DAY Isaiah 58:7-10; 1 Corinthians 2:1-5; Matthew 5:13-16 (73). “Your light must shine before others.”

Monday, Feb 09, 2026 Reach out and touch Who gets healed in the gospels? Mostly it’s those who make some small act of faith in Jesus. Today’s gospel tells of all the people healed in body and spirit just by touching Jesus’ cloak. The gospel points to two elements of spiritual healing: willingness and connection. Before God can do anything for us, we must break out of the paralysis of despair and be willing to reach out. If we make just the slightest move toward God, amazing changes are possible. As Pope Francis explained: “What type of faith is great? Great faith is that which brings its own story, marked even by wounds, and brings it to the Lord’s feet asking Him to heal them, to give them meaning.” We don’t have to do it all, simply reach out and touch Jesus in some way—through prayer, the Eucharist, or service to those in need. 1 Kings 8:1-7, 9-13; Mark 6:53-56 (329). “They laid the sick in the marketplaces and begged him that they might touch only the tassel on his cloak.”

Tuesday, Feb 10, 2026 Sibling solidarity Saint Scholastica (c. 480-c. 543), together with her brother Benedict, founded the Western monastic tradition. Benedict’s rule of life emphasized gentleness and respect, qualities that were evident in the close relationship between Scholastica and Benedict. After adopting monastic life, the two allowed themselves one day a year to visit each other. They would meet at a small cottage halfway between Scholastica’s convent and Benedict’s abbey. Their great contribution to Catholicism is evidence of the good that can come from a loving relationship between siblings. Consider your own relationship with siblings or other close kin. What can you do today to strengthen those relationships? You never know what great contribution to humanity might result from your efforts! MEMORIAL OF SCHOLASTICA, RELIGIOUS FOUNDER 1 Kings 8:22-23, 27-30; Mark 7:1-13 (330). “Your servants . . . are faithful to you with their whole heart.”

Wednesday, Feb 11, 2026 Rules to live by With the season of Lent and its practice of fasting arriving next week, it’s a little puzzling to remember that Jesus was a great breaker of fasts and violator of religious food rules—that was one thing that got him into trouble with the authorities. His followers gathered grain on the Sabbath because they were starving. He ate with sinners and outcasts. He simply did not follow the rules, but for a purpose: to show how the rules should not

control but rather serve to bring a person into a more loving relationship with God and neighbor. “In Jesus,” the Catechism of the Catholic Church says, “the law no longer appears engraved on tables of stone, but upon the heart of the Servant who becomes a covenant to the people, because he will faithfully bring forth justice” (CCC 580). What makes a person holy is not external observance but internal faith and love, which leads to right behavior. 1 Kings 10:1-10; Mark 7:14-23 (331). “[What] goes into a person from outside cannot defile. . . . (Thus he declared all foods clean.)”

Thursday, Feb 12, 2026 How can you say no to a sick child? Did Jesus think of his own mother as the Gentile woman with the sick daughter argued with him for a healing? Mothers (and fathers) don’t want to talk politics and policy when their children are in need. They just want help and they want it now. Such confrontations take place every day in schools, emergency rooms, and social service offices, as parents argue for the well-being of their little ones. “Yes,” they say, “I know your mission statement [or charter, or law] doesn’t cover this, but my kid is hurting!” Jesus found this a compelling argument. Do you? 1 Kings 11:4-13; Mark 7:24-30 (332). “She replied and said to him, ‘Lord, even the dogs under the table eat the children’s scraps.’”

Friday, Feb 13, 2026 You’ve got to want it Jesus performed many miracles but never did so by force. Neither would he coerce anyone to listen to him, much less to speak up on his behalf. If we choose to ignore the Good News in our own lives, we have the free will to do so. “He who created us without our help will not save us without our consent,” says Saint Augustine. It’s up to us to say yes to faith, to say yes to the truth of God’s love. God would never force you to do so. Faith is freely given and freely exercised. Exercise yours today. 1 Kings 11:29-32; 12:19; Mark 7:31-37 (333). “People brought to him a deaf man . . . and begged him to lay his hand on him.”

Saturday, Feb 14, 2026 Speak the language of love This is real love: two brothers dedicate their lives to serving a people not their own. Born in ninth-century Greece, Methodius was older and eventually attained the office of archbishop. Cyril, more philosophical, was a linguist and theologian. Both took on the evangelizing of Moravia. There, Cyril devised the Slavic alphabet developed by later disciples and called Cyrillic in his honor. Both brothers fought for Bibles and liturgy in the language of the people. Pope John Paul II declared Cyril and Methodius patron saints of Europe. Follow the example of their love and bring good news to strangers. MEMORIAL OF CYRIL, MONK, AND METHODIUS, BISHOP 1 Kings 12:26-32; 13:33-34; Mark 8:1-10 (334). “Where can anyone get enough bread to satisfy them here in this deserted place?”

Invest just five minutes a day, and your faith will deepen and grow—a day at a time © 2026 TrueQuest Communications. All rights reserved. Noncommercial reprints permitted with the following credit: Reprinted with permission from TakeFiveForFaith.com.



Remember our Sick:

Kevin Jessie, Kathryn Lane, Eleanor Hudo, Patricia Ricci, Anthony Alberici, Evelyn Gagliano, Sue, Carl Jr. & Cheryl Moore Festa, Tim Grazsko, Jamie Mazza, Pat, Jim Podolak, Mary Manuel, Olivia, Kathleen, Bruce, Marilyn Castiglione, Allyza, John Salva, Stacy, Danielle, Lucy Pagano, Kevin & Maryanne Festa Leonard, Cortney Fedyshyn, Briana Dewitt, Joyce Blowers, John Clark, Cheryl Bellnier, Colleen Pinckney, Pat Gallagher, Gloria Cuddy, Tim Daly, Sue Daly, Carol Aldrich, Thomas Didio, Dave, Don & Joan Zeleznik, Mary Campbell, Mark Cole, Jonathan Arrowsmith, Lucas Mallory, Joe Schubach, Mary Warter, Gina DelPiano, Caleb Jones, Michael Fronzek, Carter Hergert, Joan Komanecky, Elizabeth Lane, Frances Lane, Siobhan Phillippe, Donna Romano, David Festa, and those listed in our Book of Petitions.

"We pray for all those who are sick, especially those on our parish prayer list, those in nursing homes, assisted living, the hospital or the homebound. May they receive comfort, healing, and strength from God's grace."

Please call Nancy at 315-252-7271 to have names added or removed. Thank you!



We pray for the men and women of our Armed Forces serving U.S. and abroad:

LCpl Brian Baxter USMC, Capt. Gregory Baxter USMC, Capt. DJ Benzing USAF, Lt. Col Joseph E. Brooks USAF, SSgt Tom Ellis Sr. USA, SSgt Angel Gonzalez USA, Col Eddie Gonzalez USMC, Pvt Zachary Gonzalez USMC, CWO4 Roger Graf USA, 1SGT Zachary Howell USA, SSgt James Johnson USMC, SFC Jason Mero USA, Pvt Justin Miller USA, E3 David Mirales US Navy, Lt Jg Richard Nelson IV, USN, E4 Adam H. Brooks, Airman Sarah Pasternak, USAF, Lt. Jack Hogan, USN, Airman Alex Gonnella, USAF., Major William Griffin USMC

"We pray for the protection and safety of all military personnel, including police, fire, and corrections serving both at home and abroad, especially those deployed in dangerous situations."